

Living with Cancer Education:

An eight-week course dealing with all aspects of living with cancer.

Contact: Cancer Council

03 6434 6363 (Burnie)

03 6421 7887 (Devonport)

Cancer Plus: Aims to help Tasmanian families of children with cancer during treatment and recovery. It can provide financial assistance to reunite families who have been separated because of treatment.

Contact: Cancer Council Helpline 13 11 20

External Breast Prostheses

Reimbursement Program: Medicare ensures equitable access for those requiring breast prostheses following breast cancer surgery by reimbursing up to \$400 per prosthesis.

Contact: Medicare - 132 011

Cancer Council Supported Programs

Look Good...Feel Better: A Cosmetic industry community service program for women having treatment for with cancer. Morning workshops are held 3 times a year.

Contact:

Breast Care Nurse – 03 6430 6599

NWRH Oncology Unit – 03 6430 6594

Encore: is an exercise program designed specifically for women who have experienced a mastectomy or breast reconstruction. It helps to boost self-esteem and regain a positive outlook.

Contact – Tricia Sudlow

Ph: 0417 293275

Cancer Council Nurses

Offers support for those diagnosed with cancer and their family, to deal with the distress of diagnosis and management of treatment

Contact 6336 2030 or 0408 378 409

transport 2 treatment

Provides a range of transport options and travel assistance for cancer patients and their carers. Treatment centres organise transport when booking treatment.

Health Care Professionals / Organisations

NWRH Breast Care Nurse

Tracey Beattie 6430 6599

NWRH Oncology Staff 6430 6594

Palliative Care 6440 7111

Hospice - 6440 7116

04181217590

Quick guide To Cancer Support Services in North Western Tasmania

**Where and what is
available for people
with cancer and their
carers**

General Support and Information

Cancer Council Tasmania

Burnie - 54 Cattley St
Ph: 03 6434 6363

Devonport – Cnr Kempling & Oldaker St
Ph: 03 6421 7887

The **Cancer Support Centres** maintain an extensive library of information and resources, and trained support workers can provide emotional support and relevant information.

No appointment is necessary and support is available between **9:00 am and 5:00 pm**, Monday to Friday.

The SunSmart Shop offers an excellent range of well-priced hats, sunscreen and sunglasses as well as other protective products. The Shop is open **9:30 – 4:30** Monday to Friday.

Cancer Council Helpline

Information about cancer and support services for the cost of a local call

Phone: 13 11 20

Available 9am - 5pm Monday to Friday

Cancer Council Support Groups

For meeting times, dates and further information, please phone the contact numbers given below.

Living with Cancer Support Group.

ULVERSTONE

Meets the last Thursday of every 2nd month
Ulverstone Community Health Centre
Time: 1.00pm – 3.00pm

Contact

Cancer Council - 03 6434 6363 (Burnie)
Cancer Council - 03 6421 7887 (Devonport)

BURNIE

Meets the 2rd Friday of every month
The Cancer Council Tasmania - Burnie
Time: 10.00am – 11.30pm

Contact

Cancer Council - 03 6434 6363 (Burnie)
Cancer Council - 03 6421 7887 (Devonport)

DEVONPORT

Meets the 1st Monday of every month
Room 3 – Community Health Centre Steele St
- Devonport
Time: 2.00 p.m-4-pm

Contact

Cancer Council - 03 6434 6363 (Burnie)
Cancer Council - 03 6421 7887 (Devonport)

Other Cancer Support Groups

Breast Cancer & Lymphoedema Support Group

Meetings are held at the Community and Health Services Centre, 23 Steele Street, Devonport. (Usually in Meeting Room 2, ground floor near the rear or car park entrance).

Meetings are from Midday til 2pm on the last Thursday of every second month commencing in January. Twice-a-year luncheons are held at a local hotel, replacing meetings held in May and November.

Contact - Linda Williamson
(03) 6425 6628

Services

Breast Cancer Support Service

Support from trained Support Workers who have themselves experienced breast cancer. Visits are, by individual request, either at home, in hospital or at Cancer Council.

Contact - Regional Coordinator
- 03 6434 6363

Cancer Connect

Provides personalised peer support for people with cancer by matching them as closely as possible with a specially trained Support Worker who has been through a similar experience

Contact - Cancer Helpline - 13 11 20