

General Support and Information

Cancer Council Tasmania

Shop 5
Jimmy's Shopping Complex
216 Charles Street
LAUNCESTON
Phone: 6336 2041

The **Cancer Support Centre** provides an extensive library of books and videos that are available for loan. Trained Support Workers can provide relevant information and emotional support.

No appointment is necessary, and the Centre is open between 9.00am and 5.00pm Monday to Friday.

The **SunSmart Shop** offers an excellent range of well-priced hats, sunscreen and sunglasses as well as other protective products.

Cancer Council Helpline

Information about cancer and support services for the cost of a local call

Phone: 13 11 20

Available 9.00am to 5.00pm Monday to Friday

Cancer Council Support Groups

For meeting times, dates and further information, please phone the contact numbers given below

Prostate Cancer Support Group

Meets the first Tuesday of every month at Cancer Council's meeting room.
Time: 10.30am to 12.00
Contact: 6336 2566

Launceston Cancer Support Group

Meets the first Wednesday of every month at Cancer Council's meeting room.
Time: 1:30 – 3:30 pm
Contact 63362566

Campbell Town Cancer Support Group

Meets the third Tuesday of every month at Campbell Town Health and Community Services.
Time: 6.00pm
Contact: 6381 3300

Services & Programs

Breast Cancer Support Service

Support from trained Support Workers who have themselves experienced breast cancer.

Visits are, by individual request, either at home, in hospital or at Cancer Council.

Contact: 6336 2566

Cancer Connect

Provides personalised peer support for people with cancer by matching them as closely as possible with a specially trained Support Worker who has been through a similar experience

Contact: 6336 2566

Living with Cancer Education Program

An eight-week course for people with cancer and their carers dealing with all aspects of living with cancer.

Contact: 6336 2041

Cancer Plus: Aims to help Tasmanian families of children with cancer during treatment and recovery. It can provide financial assistance to reunite families who have been separated because of treatment.

Contact: Cancer Council Helpline 13 11 20

External Breast Prostheses

Reimbursement Program: Medicare ensures equitable access for those requiring breast prostheses following breast cancer surgery by reimbursing up to \$400 per prosthesis.

Contact: Medicare - 132 011

Look Good...Feel Better: a Cosmetic Industry Community Service program for women having treatment for cancer. Morning workshops are held every six weeks. Contact Holman Clinic – **Social worker - 63487140**

Cancer Council Nurse: Offer support for those diagnosed with cancer and their family, to deal with the distress of diagnosis and management of treatment.

Contact 6336 2030 or 0408 378 409

Transport2Treatment

Provides a range of transport options and travel assistance for cancer patients and their carers. Treatment centres organise transport when booking treatment.

HealthCare Professionals/Organisations

WP Holman Clinic	6348 7140
Calvary Healthcare St Lukes	6335 3333
Community Breast Care Nurse	6336 5155
Palliative Care	6336 2229

Other Cancer Support Groups

Taking the Next Step Support Group

(Leukaemia Foundation) For those dealing with leukaemia, lymphoma, myeloma etc. Meets first Thursday of alternate months at Shop 8 -216 Charles Street

Contact: Jo Beams 63315479

Launceston Breast Cancer Support Group

Meets the first Tuesday of every month at Kings Meadows Community Health Centre, McHugh Street, Kings Meadows

Time: alternate mornings & evenings

Contact: Pauline Watson 6344 8968
Margaret Tassell 6331 2280

'C' Change Cancer Support – West Tamar

Meets the first Thursday of each month at Beaconsfield District Health Service

Time: 1.00pm

Contact: 6383 1104 or
Jane Chapman 6383 1494

Quick guide for Cancer Support Services in Northern Tasmania

**Where and what is
available for people
with cancer and their
carers**