

The Cancer journey

A cancer diagnosis is one of the most stressful times of life for you, your family and friends.

Because of this, some people remember little of the consultation at which a diagnosis of cancer is given. Confusion may set in.

The role of Cancer Council Nurses

We understand that everyone's experience of cancer is unique and their needs different.

The care system can seem like a maze. **Cancer Council Nurses** can help guide you and your family through the information and services available to help smooth the way.

Cancer Council Nurses can minimise the distress and confusion, and help you make sense of the situation.

The Cancer Nurses will

- Help you with your information, emotional and practical needs.
- Assist and support you at any point in your cancer journey.
- Provide referral and access to other practical and support services.
- Meet with you in your home or somewhere convenient.

Other Cancer Council Tasmania Services

Cancer Council Nurses provide a free service to complement other services and those provided by The Cancer Council Tasmania

- Cancer Council Helpline phone: **13 11 20**
- Cancer Connect provides one to one support from someone who has been through a similar cancer experience
- Cancer support groups provide a supportive space where you can discuss your concerns
- Living with Cancer Education Program for those with cancer and their caregivers, providing information and understanding
- Look Good...Feel Better workshops for women and men dealing with the physical effects of cancer treatment
- Information on all aspects of cancer in easy to understand booklets and brochures

real hope, real help

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Contact your nearest **Cancer Council Nurse**

North, North West & South

Phone: 6421 7894

Mobile: 0408 378 409

Email: smurcott@cancertas.org.au

Cancer Council Nurses are funded by **Relay
For Life**



Cancer Council Nurses



**Let our Cancer
Council Nurses
help you through
the cancer maze**

Thanks to Launceston South Rotary for their
donation towards our Cancer Council Nurses