

## PROSTATE CANCER SUPPORT GROUP

### OFFERS

- ◆ **Connections with other men affected by prostate cancer**
- ◆ **A safe place to share your experiences and emotions**
- ◆ **Referral to relevant resources**
- ◆ **Support, suggestions and encouragement for self care**

### MEN SUPPORTING EACH OTHER

#### Meetings

- ◆ Third Tuesday of every month between 2.00pm – 4.00pm

#### Where

- ◆ Cancer Support Centre  
184 Collins Street  
HOBART

#### What to expect

- ◆ Informal and relaxed atmosphere
- ◆ Discussions in a supportive group
- ◆ Guest speakers
- ◆ Confidentiality
- ◆ Tea & coffee

#### Benefits

- ◆ Enables a sharing of experiences
- ◆ Gain ideas about management
- ◆ Decreases the feeling of aloneness

**NO COST**

**PARTNERS WELCOME**

**FOR MORE INFORMATION**

**CONTACT:**

**Southern Cancer Support Centre  
6233 2088**

**Southern Regional Coordinator  
6233 3397**

**SUPPORT FOR MEN DEALING WITH A  
DIAGNOSIS OF PROSTATE CANCER**

# **PROSTATE CANCER SUPPORT GROUP**

## **Hobart**