

Volunteers are vital

Committed volunteers enable The Cancer Council Tasmania to work towards its goal of minimising the impact of cancer on all Tasmanians.

The Cancer Council Tasmania is a volunteer based charity and employs a small core of paid staff. We have more than 150 volunteers working across the state and new faces are always welcome.

The Cancer Council Tasmania is the only statewide organisation concerned with the development and delivery of a range of cancer control programs. These programs include:

- § Support & Information
- § Health Promotion
- § Research
- § Advocacy
- § Fundraising

Making a difference in the fight against cancer might not take as much time as you think. The time commitment can be as great or as little as your schedule permits.

Our Volunteer Program

The Cancer Council Tasmania's Volunteer Program has developed a number of best practice policies to help our volunteers to enjoy their work experience with the organisation.

These policies cover recruitment and selection, training and development, support and recognition.

All volunteer staff are provided with:

- § A position description
- § A staff partner
- § Insurance
- § Meaningful work
- § Appropriate training
- § A code of rights and responsibilities

What you can do as a Volunteer

Become a volunteer in one of the four **Cancer Support Centres**. All Cancer Council programs are delivered from these Centres, and Centre volunteers undertake a variety of roles and tasks including:

- § Retailing sun protection merchandise
- § Providing information on all aspects of cancer
- § Providing support for those dealing with a diagnosis of cancer
- § Assisting in administrative tasks e.g. banking and mail
- § Participating in fundraising events
- § Promoting a healthy lifestyle through health promotion programs
- § Attending community events on behalf of The Cancer Council Tasmania

Cancer Connect volunteers are people who have experienced cancer, either as a patient or a family caregiver. Cancer Connect volunteers undergo extensive training and offer empathy and understanding to those dealing with a diagnosis of cancer. This support is generally done by telephone, but can also be face-to-face.

Support Group facilitators are trained to convene and facilitate cancer support groups in the community. Cancer support groups are an important aspect of the support process, providing peer support from others in a similar situation in a safe, welcoming environment.

Administrative volunteers assist program staff in general administrative tasks including:

- § Data entry
- § Resource distribution
- § Record keeping
- § Mail outs

Transport '2' Treatment volunteers provide a safe and reliable transport services for cancer patients travelling to treatment from around Tasmania in Cancer Council and private vehicles. Training and support are provided, as well as reimbursement of out of pocket expenses.

Health Promotion volunteers assist in the delivery of The Cancer Council Tasmania's programs that aim to both prevent cancer and promote early detection. Roles and tasks include:

- § Speaking to community groups, service clubs, schools and organisations about the prevention and early detection of cancer
- § Delivery of The Cancer Council Tasmania's Outdoor Worker sun protection program.
- § Clerical and administrative support to staff
- § Participation in the Pit Stop men's health program
- § Distribution of promotional materials to the Tasmanian community
- § Attending community events on behalf of The Cancer Council Tasmania

Fundraising volunteers assist The Cancer Council Tasmania to raise funds in a variety of ways:

- § Selling merchandise on Daffodil Day stalls
- § Selling merchandise on Pink Ribbon Day stalls
- § Delivering Daffodil Day or Pink Ribbon Day merchandise in your local area
- § Administrative and clerical support to the fundraising staff
- § Computer data entry
- § Assisting with delivering fundraising events in the local community such as Australia's Biggest Morning Tea
- § Becoming involved in Relay for Life, as a team member or as support staff at the event

**Some of the benefits of becoming a
Cancer Council Tasmania volunteer:**

- § A chance to acquire new skills
- § Recognition that you have something to offer others
- § "Work" experience
- § An awareness of other people's life experiences
- § Involvement in the community
- § Opportunities for personal development
- § A sense of achievement
- § Social contact
- § A challenge

***OUR VOLUNTEERS WORK FOR FREE – BUT
NOT FOR NOTHING***

Want more information?

**Contact your local Cancer Support Centre on
1300 65 65 85 or email
infotas@cancertas.org.au**

VOLUNTEER PROGRAM

**Being part of a team dedicated to minimising the
impact of cancer on all Tasmanians.**