



Tasmanian SunSmart Schools Program Application Form

School:

Contact Name: Position:

Address:

..... Postcode:

Telephone: Fax:

Email address:

School type: Catholic Government Independent Other:

School enrolment: Year levels taught on campus:

Gender Composition: Boys Girls Co Ed Date:

In Tasmania it is recommended that schools' sun protection policies are implemented from September 1 to April 30, when ultraviolet radiation is most intense. Your policy should specify these dates. Please answer the following questions in respect to these times.

1. Is hat wearing enforced or encouraged at your school?

- Yes – enforced
- Yes – encouraged
- No, neither enforced nor encouraged Go to Q 3

2. What types of hats are enforced or encouraged at your school?

- Any hat
- Broad-brimmed hats (at least 7.5 cm brim)
- Legionnaire hats
- Bucket hats (at least 6 cm brim and a deep crown)
- Caps
- Other: please specify

3. On a typical Term1 and Term 3 day at your school, how many students would be wearing broad-brimmed, legionnaire or bucket hats?

- All of the students
- Most of the students
- Half of the students
- Some of the students
- Very few of the students

4. What are the consequences for a student not wearing a hat when outside?
- They must remain in the shade - play allowed
 - They must wear a hat from a class set of hats
 - No restrictions
 - Other Please specify:
5. Does your school request that teachers/staff wear broad-brimmed, bucket or legionnaire hats while outside?
- Yes
 - No
6. Does your school encourage parents to wear a sun protective hat when participating in or attending school outdoor activities?
- Yes
 - No
7. Are any of the following items included in your dress code/uniform?
- Broad-brimmed, legionnaire or bucket hats
 - Shirts with collars
 - Shirts with elbow-length sleeves
 - Longer-style shorts/skirts
 - Rash vests for outdoor swimming
 - Sunglasses
8. What happens at your school regarding the use of SPF 30+ sunscreen?
- Sunscreen is available to students in all classrooms
 - Parents are encouraged to supply their children with sunscreen
 - Children are encouraged to come to school wearing sunscreen
 - Sunscreen is available to students on specific occasions, e.g . PE, sports days, excursions
 - Sunscreen is available at various points around the school, e.g. canteen, PE
 - Time is given for the application of sunscreen before lunch break
 - Sunscreen is not supplied
9. In what year levels, is or will, SunSmart education be incorporated into the curriculum?
- Prep Yr 1 Yr 2 Yr 3 Yr 4 Yr 5 Yr 6
- Yr 7 Yr 8 Yr 9 Yr 10 Yr 11 Yr 12
10. How is sun protection education incorporated into your school 's curriculum?
- Class teachers are responsible
 - Our Health/PE specialist is responsible
 - We use student assemblies to encourage sun protection behaviour
 - We have whole school activities such as
 - SunSmart days, tree-planting etc
 - Other - please specify:

11. Which of the following are in place to minimise the time spent outside during peak ultraviolet (UV) radiation times (11am to 3pm)?

- Outdoor assemblies are held outside peak UV times, indoors or under shade
- PE classes are held outside these hours
- Sport is held outside these hours
- Sports carnivals are held outside these hours
- Outdoor excursions scheduled early in the day
- Lunch is eaten inside
- Lunch is eaten in special shaded areas
- We allow play indoors
- We have an extended recess and shortened lunch break
- Other - please specify

12. Please describe the available shade at your school.

- We have shady trees
- We have some built shade structures
- We have some portable shade structures
- We have definite plans to increase shade in next 12 months
- Shade is not currently a priority area
- Shade poses funding concerns for our school

13. Does your school have a written sun protection policy?

- Yes
- No Go to Q.15
- No, but we are planning one Go to Q.14

14. Who was involved in the development of the policy?

- Principal
- School Council
- Teachers
- Parents
- Students
- The Cancer Council (state)
- Other – please specify

15. What obstacles (if any) have your school encountered in introducing a sun protection policy?

- Limited support by teachers/staff
- Limited support by parents
- Limited student cooperation
- Cost of sunscreen
- Cost of shade development
- Insufficient information on policy development
- Not a priority for school council
- Other – please specify

Being a SunSmart School demonstrates a commitment to the future health of your students.

IMPORTANT INFORMATION

If you qualify as a SunSmart School you will receive a 60 cm x 90 cm SunSmart School sign and be invoiced for the cost (including GST) and delivery of the sign.



SUNSMART SCHOOLS AGREEMENT

TERMS AND CONDITIONS

If your school is accepted as a SunSmart School, you will be promoting the SunSmart and The Cancer Council Tasmania's sun protection messages in your daily activities, thus providing a role model to other schools throughout Tasmania.

Schools participating in the SunSmart Schools Program must agree to the following terms and conditions.

- To enforce their sun protection policy as documented
- To take reasonable steps to ensure that all staff, students and parents are aware of the sun protection policy and its requirements
- To inform the Cancer Council Tasmania of any changes to the school's policy and practices and anything else that may relate to or affect its inclusion in the SunSmart Schools Program.

The school agrees to comply with the following minimum standards:

- The sun protection policy is implemented from Sept to the end of April, when ultraviolet radiation levels are most intense in Tasmania.
- All students wear a broad brimmed, legionnaire or bucket hat (minimum 6cm brim, deep crown) when outside.
- The use of SPF 30+ broad spectrum, water resistant sunscreen is encouraged.
- Sun protective clothing is part of the school uniform/dress code.
- Staff are requested to act as role models by practicing SunSmart behaviours.
- Programs on skin cancer prevention are included in the curriculum of at least three year levels.
- The sun protection policy is reflected in the planning of all outdoor events (eg camps, excursions, sporting events).
- Outdoor activities are rescheduled, whenever possible, to minimise time outdoors between 10am and 2pm, or 11 am and 3pm (during daylight savings time).
- The school has sufficient shade or is working towards increasing shade in the school grounds.
- The school reviews its sun protection policy regularly, at least once every two years. This involves parents, students and teachers and includes monitoring the school's compliance with its policy and making suggestions for improvement.

AGREEMENT

..... agrees to the above stated terms and conditions
Name of school of the SunSmart Schools Program

School Principal:
Name - please print *Signature* *Date*

School Council
President:
Name - please print *Signature* *Date*

Please forward these three completed documents: SunSmart Schools Program Application Form
 Signed SunSmart Schools Agreement
 Copy of your school's sun protection policy

For more information contact the SunSmart Health Promotion Officer on 6233 237 5