

E-Bulletin

April/May 2019

Continence Workshop

NEW

Free Education session for **anyone** impacted by a cancer diagnosis. (Partners welcome)

Continence Foundation of Australia will present the session

Topics include

- ◆ What is Continence
- ◆ Types of Continence
- ◆ Healthy bladder and bowel habits
- ◆ Management options including training exercises and continence products.
- ◆ Where to get Help

Tuesday 28th May - Men AM session ,Women PM session

CCT Suite 2 / 45 Best St Devonport

Refreshments provided

Contact Stan or Kris on 6419 4200



Programs and Activities

Sheffield Cancer Support Group

A cancer support group open to men and women and their partners. The group will meet on the third Wednesday of every month.

Next meeting: April 17th

Contact Stan 6419 4200

Expression through Art

A friendly cancer support group open to men and women and their partners. The group will meet on the second Tuesday of each month

Next meeting: April 9th

Contact Kris 6419 4200

Wig Service

Our **free** service is available to Tasmanians experiencing hair loss as a result of their cancer treatment. Pop in anytime between 1.00-4.00pm Monday to Friday and choose a suitable wig from our extensive range. New wigs arrive regularly.

Men's Cancer Support Group

A supportive, educative group for men affected by cancer . Group meets on the second Tuesday of every month.

Next meeting : April 9th

Contact Stan 6419 4200

Position Vacant

Do you have some free time ??

Looking for a volunteer co-facilitator for a Women's Cancer Support Group in the Burnie region. For further details contact Kris 6419 4201 or

krastovich@cancertas.org.au.

Centrelink



centrelink

Appointments for people with a cancer diagnosis, on 3rd Wednesday of each Month!

Offering a range of advice, payments and services for people with a cancer diagnosis.

Call us if you would like to arrange an appointment in our friendly, welcoming environment.

Next available **3rd April**

Contact Stan for an appointment 6419 4200

Transport to Treatment(t2t)

DON'T FORGET !

We have a Transport to Treatment(t2t) service

A no cost service for patients who otherwise could not get to cancer treatment.

This service is made possible by our dedicated and caring volunteer drivers who undertake appropriate training.

Bookings essential as places are limited

For more information check with your Social Worker



Unite In *Yellow* Gala Dinner

With Internationally Acclaimed Guest Speaker Michael Crossland

Saturday 25th May 2019

Paranapple Convention Centre, Devonport

Book today: 03 6419 4207 or www.devonporttickets.com.au

<http://www.cancertas.org.au/event/unite-yellow-gala-dinner-michael-crossland/>

Easter Break –the Cancer Support Centre will be closed for the Easter

break Friday 19th April– Monday 22nd April Inclusive

ANZAC Day–the Cancer Support Centre will be closed on April 25th for ANZAC Day



What's on in April

Wednesday	3	Centrelink
Tuesday	9	Men's Cancer Support Group Expression through Art
Wednesday	17	Sheffield Cancer Support Group
Friday	19	Good Friday– Centre Closed
Monday	22	Easter Monday–Centre Closed
Thursday	25	ANZAC Day– Centre Closed

What's on in May

Wednesday	1	Centrelink
Tuesday	14	Expression through Art Men's Cancer Support Group
Wednesday	15	Sheffield Cancer Support Group
Tuesday	28	Men's Continence Workshop

Please don't hesitate to call the Centre on 6419 4200 or pop into Suite 2/45 Best St 1.00–4.00 Mon–Fri if you'd like any further information on any of the services provided by Cancer Council Tasmania.

To subscribe or unsubscribe from this newsletter please email [Georgina ncsc@cancertas.org.au](mailto:Georgina_ncsc@cancertas.org.au)