

NEW

### North West Women's Cancer Support Group

Women's Cancer Support Group –Burnie

A monthly support group for women diagnosed with cancer who are currently receiving or recently finished their treatment. Offering support, information and connection with other women in the area. Contact Kris 6419 4201.

NEW

### Movement & Relaxation Sessions

Gentle movement and relaxation sessions in our Devonport Centre

If you are interested or would like more information please contact Kris or Stan on 6419 4200



NEW

### North West Myeloma Information & Support Group

North West Myeloma Information and Support group, commencing August. For people living with myeloma, their family and friends. These meetings provide a safe space to meet other members of the myeloma community to share their experiences of living with myeloma, and to learn from various guest speakers from a health management and practical perspective. Contact Stan 6419 4205.



### Centrelink

Appointments for people with a cancer diagnosis, on suitable Wednesdays! Offering a range of advice, payments and services for people with a cancer diagnosis.

Call us to arrange an appointment in our friendly, welcoming environment.

For more information please contact Kris 6419 4200



## Programs and Activities

### Sheffield Cancer Support Group

A cancer support group open to men and women and their partners. The group will meet on the third Wednesday of every month.

**Next meeting: August 21st**

Contact Stan 6419 4200

### Expression through Art

A friendly cancer support group open to men and women and their partners. The group will meet on the second Tuesday of each month

**Next meeting: August 13th**

Contact Kris 6419 4200

### Wig Service

Our **free** service is available to Tasmanians experiencing hair loss as a result of their cancer treatment. Pop in anytime between 1.00-4.00pm Monday to Friday and choose a suitable wig from our extensive range.

New wigs arrive regularly.

### Men's Cancer Support Group

A supportive, educative group for men affected by cancer. Group meets on the third Thursday of every month.

**Next meeting: August 15th**

Contact Stan 6419 4200

### Position Vacant

#### Do you have some free time ??

We are looking for a volunteer women's co-facilitator in the Devonport region. For further details contact Kris 6419 4201 or

[krastovich@cancertas.org.au](mailto:krastovich@cancertas.org.au).

# Daffodil Day Appeal

The Daffodil Day Appeal is raising funds for Cancer Council Tasmania's vital cancer research throughout the month of August. It will culminate in Daffodil Day on Friday 23 August 2019. Tasmanians are encouraged to donate at

[www.daffodilday.com.au](http://www.daffodilday.com.au) this August, or at merchandise stalls sites on 22 and 23 August.

If you would like to volunteer at a Daffodil stall, please contact Phil on 6419 4207 or email [pmculloch@cancertas.org.au](mailto:pmculloch@cancertas.org.au)



## What's on in August

<b>Tuesday</b>	<b>13</b>	Expression through Art
<b>Thursday</b>	<b>15</b>	Men's Cancer Support Group
<b>Wednesday</b>	<b>21</b>	Sheffield Cancer Support Group
<b>Thursday</b>	<b>22</b>	Daffodil Day
<b>Friday</b>	<b>23</b>	Daffodil Day
<b>Monday</b>	<b>26</b>	North West Women's Cancer Support Group



## What's on in September

<b>Tuesday</b>	<b>10</b>	Expression through Art
<b>Wednesday</b>	<b>18</b>	Sheffield Cancer Support Group
<b>Thursday</b>	<b>19</b>	Men's Cancer Support Group
<b>Monday</b>	<b>23</b>	North West Women's Cancer Support Group

Please don't hesitate to call the Centre on 6419 4200 or pop into Suite 2/45 Best St 1.00-4.00 Mon-Fri if you'd like any further information on any of the services provided by Cancer Council Tasmania.

To subscribe or unsubscribe from this newsletter please email [ncsc@cancertas.org.au](mailto:ncsc@cancertas.org.au)